

PROPEC

Ouro Preto

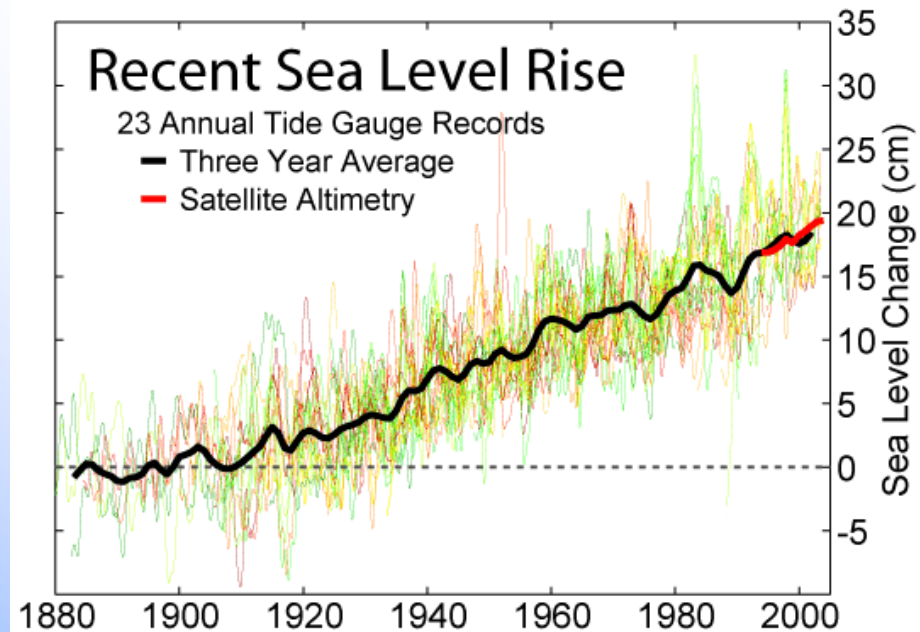
# Steel Buildings and Sustainable Construction

Roger Plank

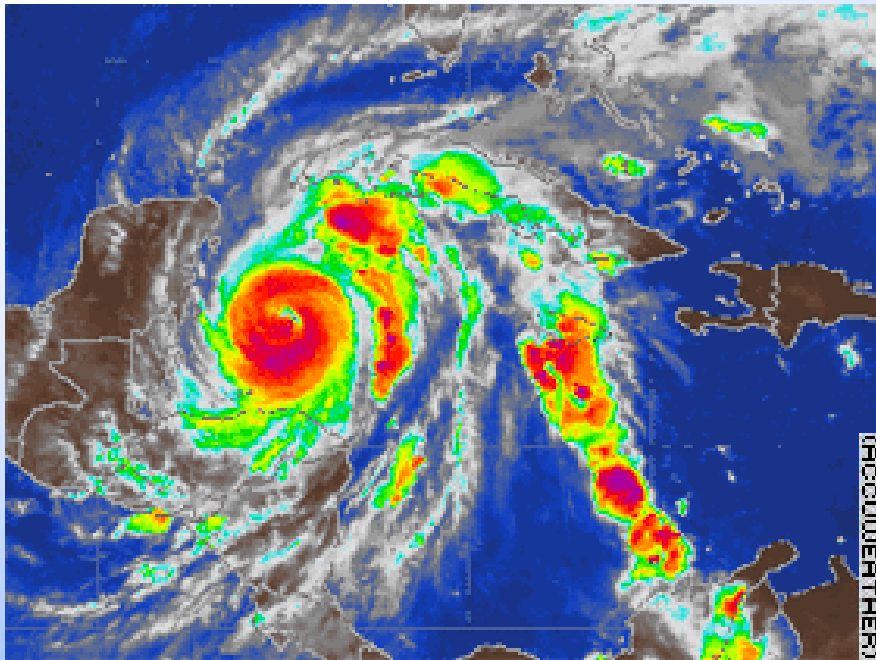
University of Sheffield, UK

August 2008

# The need to reduce energy use and CO<sub>2</sub>



# The need to reduce energy use and CO<sub>2</sub>



# The main environmental issues

- Climate change
  - 89% of energy derived from fossil fuels
- Resource depletion
- Construction & Demolition waste





# Data for UK construction sector

- 420Mt of a raw materials
- 94Mt of waste
  - (~ 12% due to over specification)
- 50% of all energy used
- 2% of CO<sub>2</sub> from cement production





# Positive aspects of buildings

We spend 90% of our lives in buildings

...at work



...at leisure

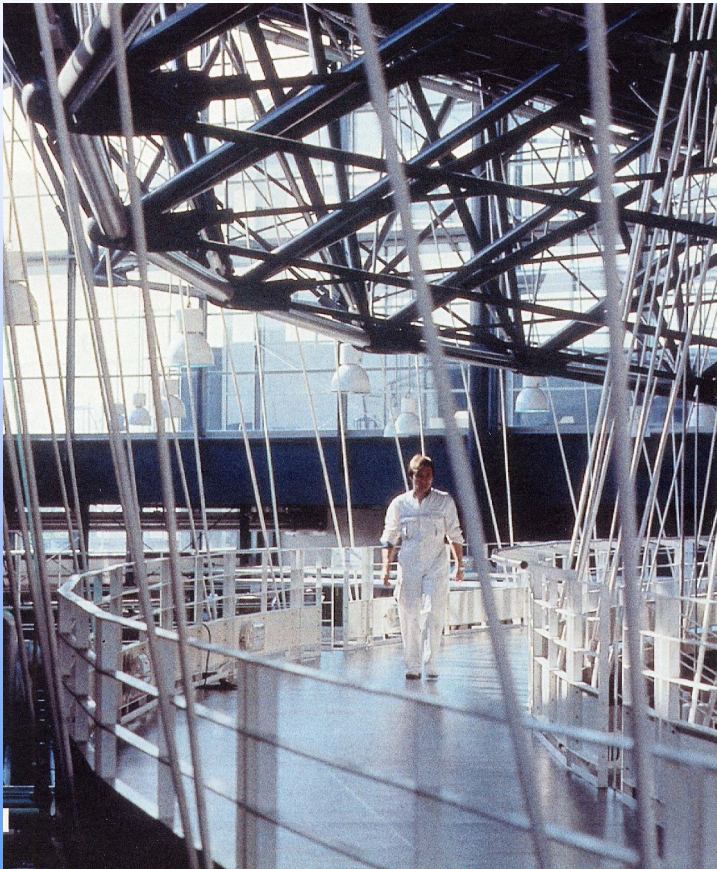


...at home





# Construction can improve productivity & efficiency





# Construct for regeneration

- Limited land, decaying cities
- Redevelopment of waste (brownfield) sites
- Reduce travel



# Poor foundation conditions

- Lightweight long span construction
  - Reduces loads
  - Minimise columns





# The sustainability challenge

Improve living standards ***for all***

- Without environmental or ecological harm
- Affordably

# The principal issues for sustainable construction

- Build what is needed
- Maximise useful life of buildings and structures – flexibility, durability
- Build efficiently & consider end of life
- Design for operational efficiency

# What to build?

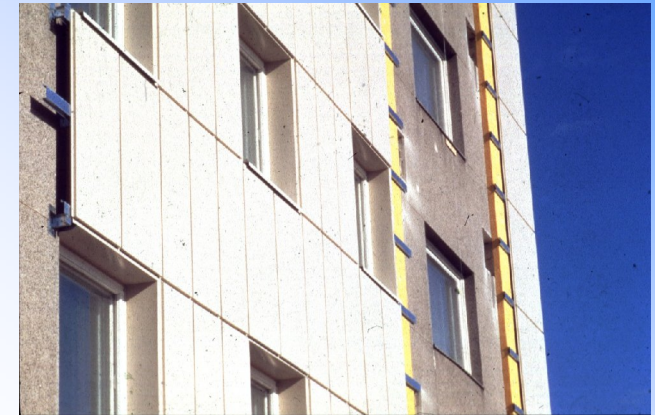
- Respond to real need
  - Approx 4m new homes needed in the UK



# Reuse existing buildings?



Reclad



Over-clad



Over-roof





...Refurbish

...Extend



Convert



## ...Restructure



# Steel's versatility



- Igus factory, Cologne
  - Extended horizontally seven times
  - Internal flexibility
- Car park, Hamburg
  - Dismantled
  - Moved
  - Reassembled

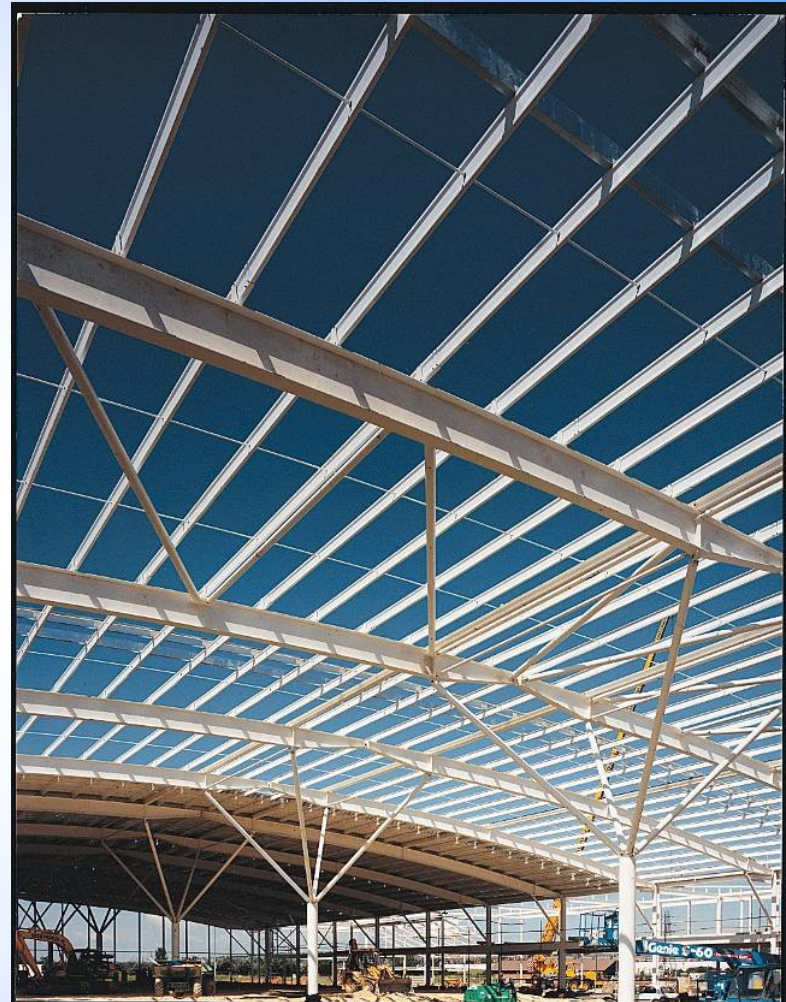
# How to build

- Flexibility
  - to allow change of use
- Durability
  - to maximise life
- Demountability
  - to facilitate re-use



# Flexibility

- Long spans
- Flexible, open, column-free space



# Flexibility



Flat soffits provide easy installation (and refit) of services



# Durability



- Durability is important to minimise the need for replacement



# Re-using steel

- Reuse preserves the value added during manufacture
- Technically feasible but other barriers
- Limited reuse market





## Elements must be recoverable



Connections critical



Concerns about:

- Supply
- Quality

# How to build?

- Minimise impacts of both construction and occupation
  - Materials
  - Waste
  - Energy
  - The construction process

# Materials

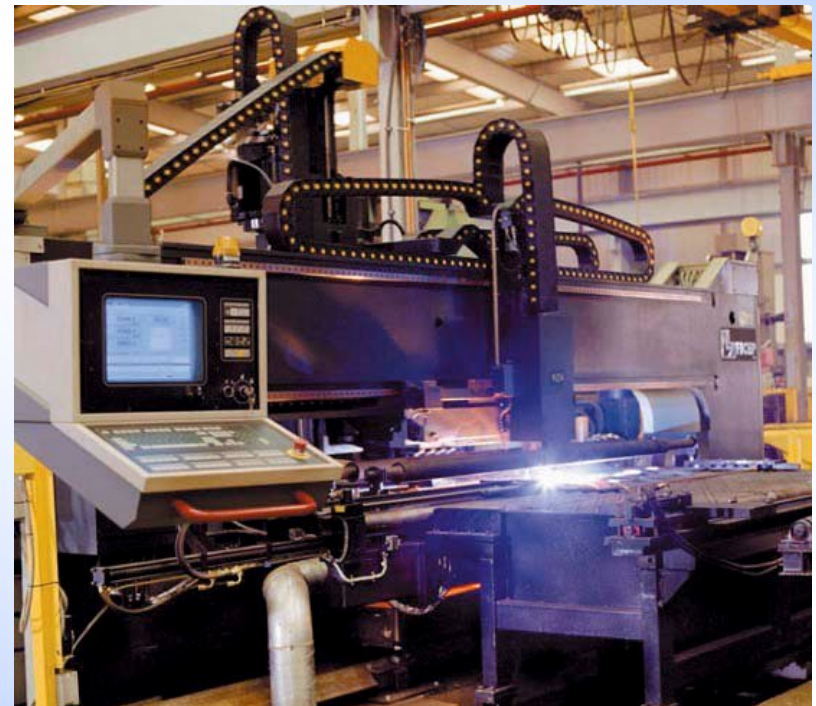
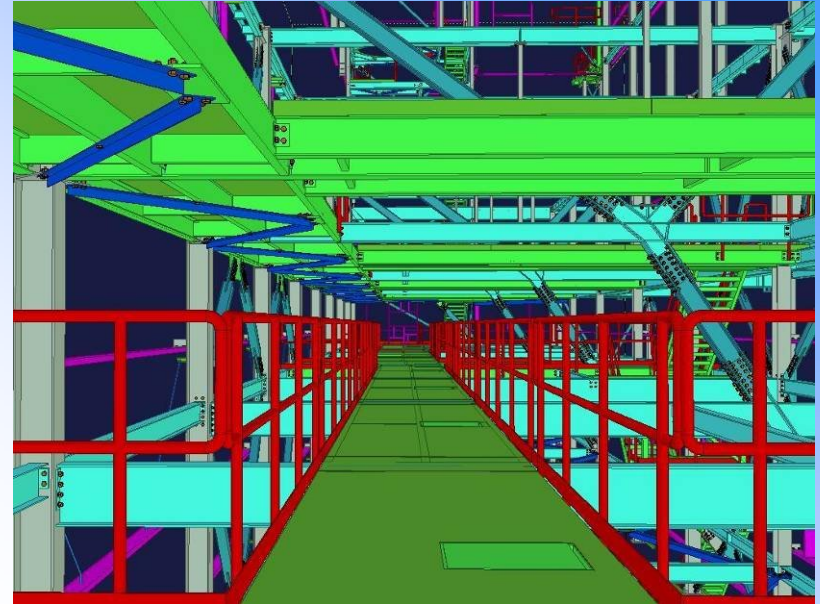
- Reduce
- Maximise use of recycled materials
- Source from sustainable supplies
- Minimise waste
- Minimise energy and pollution in production

*Embodied energy seen as less important than operational energy*



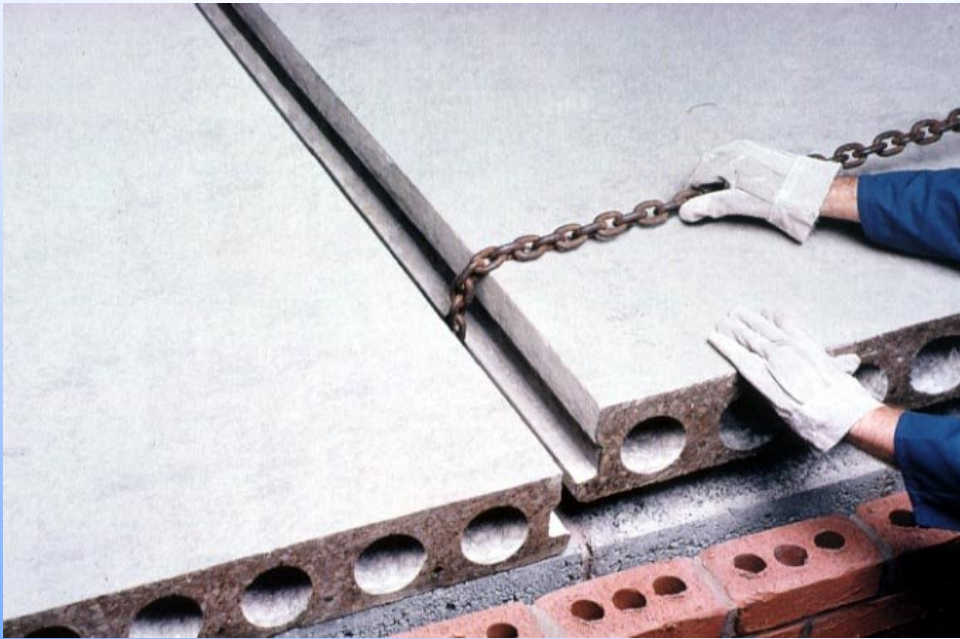
# Lean construction

- Efficient supply chain
- Low waste
- Product standardisation
- Computerised design and manufacture



# Reduce

Efficient design - not  
only structure..



..but also finishes,  
cladding etc





# Use of recycled materials

- Minimises depletion of raw materials
- Reduces energy for production
- UK proposals for minimum % of recycled/recyclable materials





# Use of recycled materials



- Steel almost fully recycled
  - No degradation of quality
- Concrete recycled as aggregate for:
  - Sub-base or fill
  - New concrete production



# Energy consumption



1970 1973 1976 1979 1982 1985 1988 1991



Energy reduction – 40% since 1970

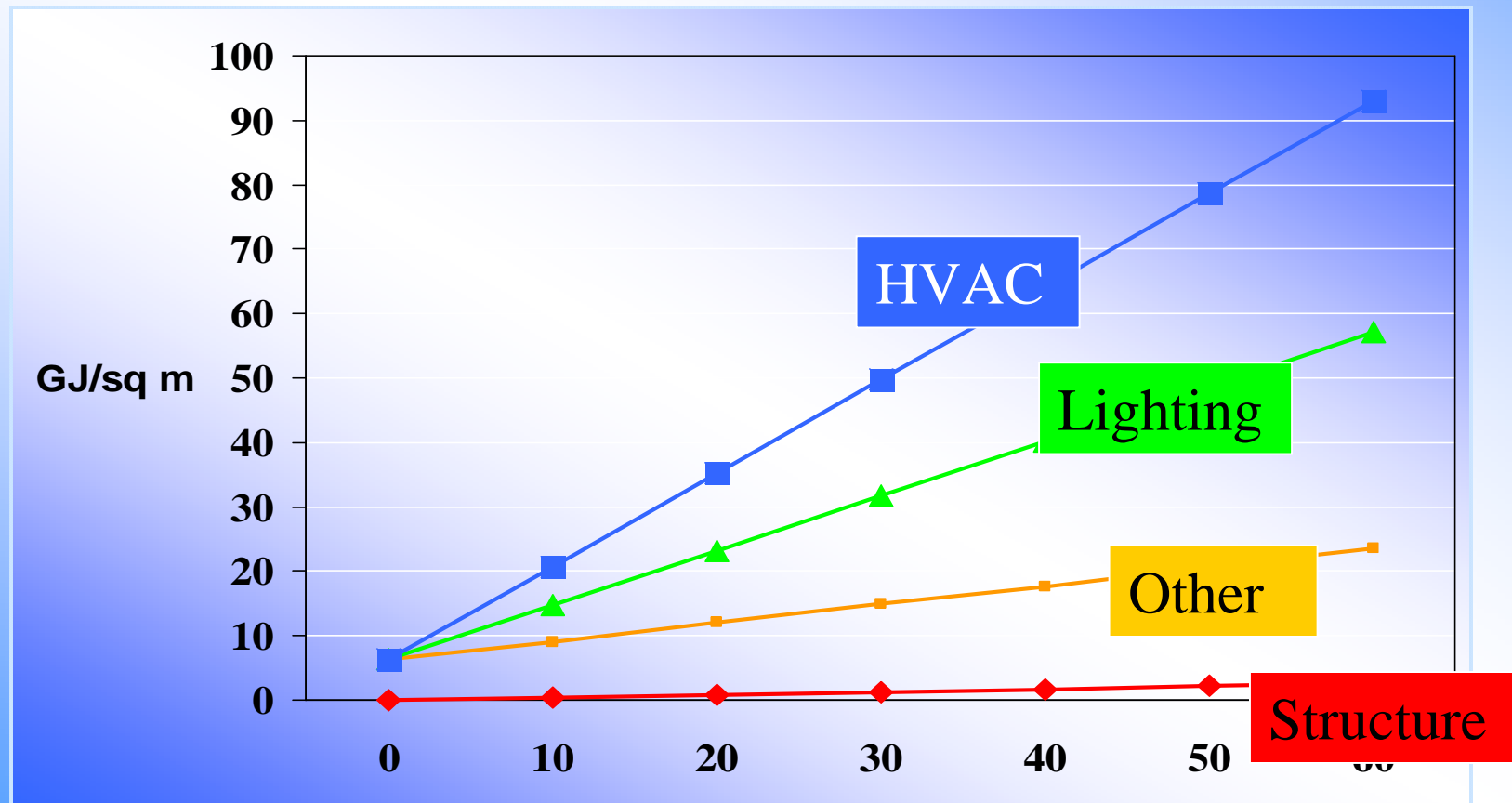
# The need for energy efficient buildings

- Energy from fossil fuels → CO<sub>2</sub>
- Finite reserves
- Renewable energy → environmental changes
- Increased energy costs
- Buildings in use account for high proportion of total energy use



# Operational and embodied energy

- Operational energy ~ 5-8 x embodied energy
- Heat, light, ventilation & cooling



# Embodied energy

- More important for buildings which are:
  - unserviced
  - energy efficient
  - of short design life



# Minimise operational energy

- Reduce cooling loads
- Reduce heat losses
  - through envelope
- Reduce artificial lighting
- Self generation of energy
  - wind turbines
  - photovoltaics



# Cooling

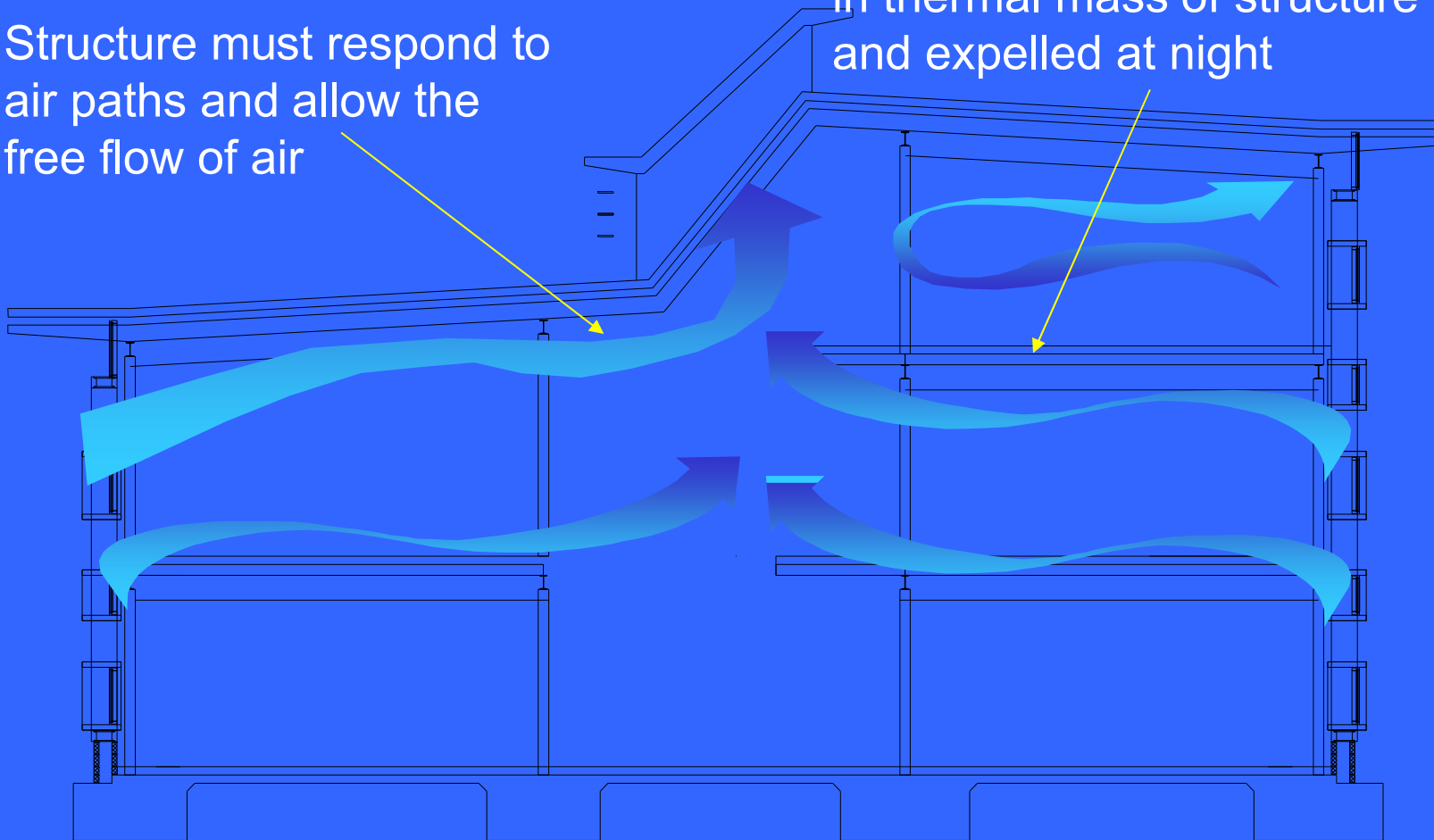


- Commercial offices
  - cooling
  - air conditioning is energy intensive

# Principles of Natural Cooling

Structure must respond to air paths and allow the free flow of air

Heat during the day is stored in thermal mass of structure and expelled at night



# Principles of natural cooling

- Referred to alternatively as:

*Fabric energy storage (FES)*

*Thermal capacity*

*Thermal mass*

- Passive systems
  - Rely on natural heat exchange
- Active systems
  - ‘Forced’ ventilation encourages heat exchange
  - Water circulation to chill elements



# Natural cooling – key issues

- Expose soffit
- Allow free ventilation
- Mass less critical
- Appearance important



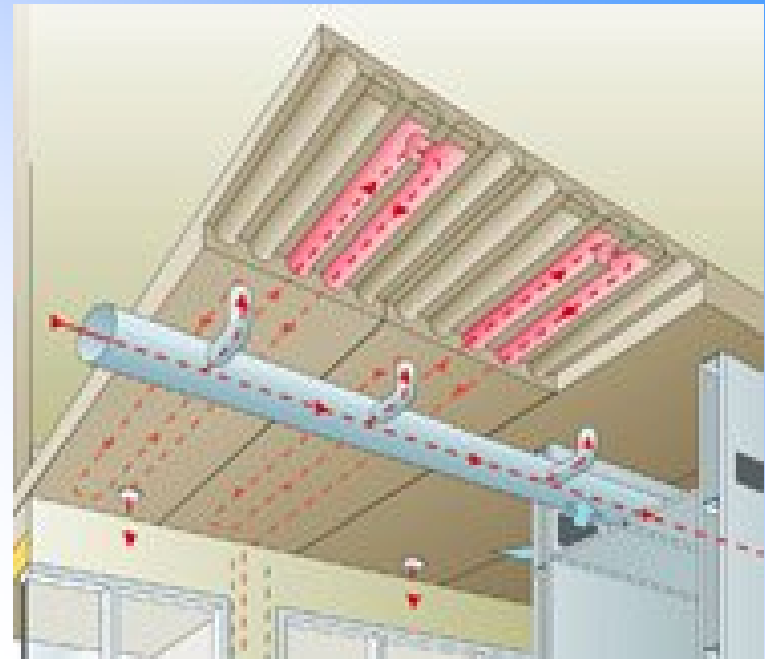
# Active systems

- Forced ventilation through:
  - Raised floor voids
  - Air cores (eg Termodek)
- Water circulation
  - Chilled slabs (plastic pipes cast in slab)
  - Chilled beams

# Termodeck

Significantly reduced energy & CO<sub>2</sub> compared with

- Average figures
- Government targets
- Best practice





# Effectiveness of natural cooling

- Passive systems
  - typical night cooling performance (UK) 10 to 20 W/m<sup>2</sup>.
- Active systems
  - cooling of 20 to 30 W/m<sup>2</sup>
- Can reduce peak temperatures by 3-5°C

# Importance of envelope

- Insulation
- 'Air tight' construction
- Higher specification saves
  - Net capital costs
  - Operational costs

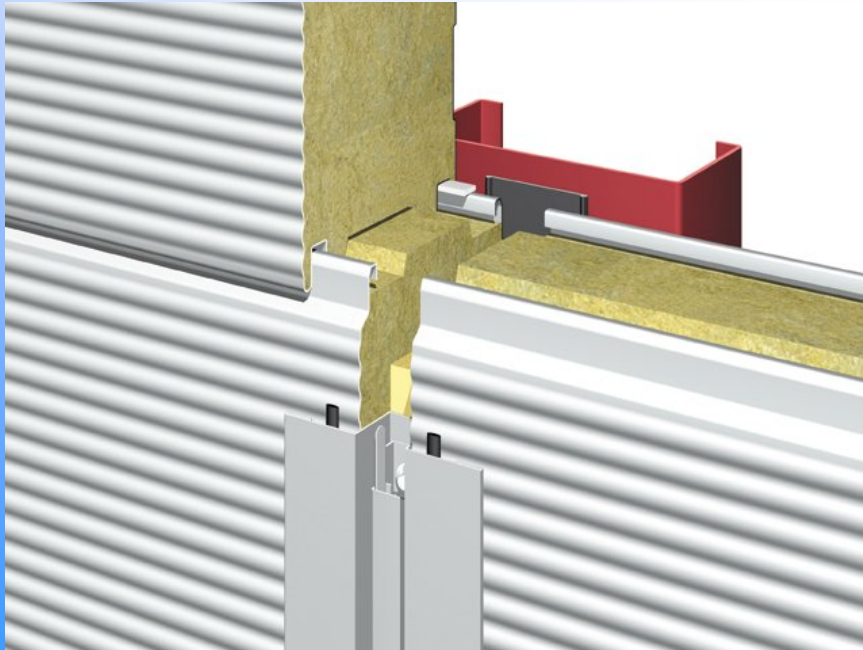


# Insulation

Highly insulating cladding



Cavity insulation





# Artificial lighting

- High energy use
- Maximise natural lighting



# Natural lighting

- Reduces energy use
- Improves internal environment
- Increases productivity



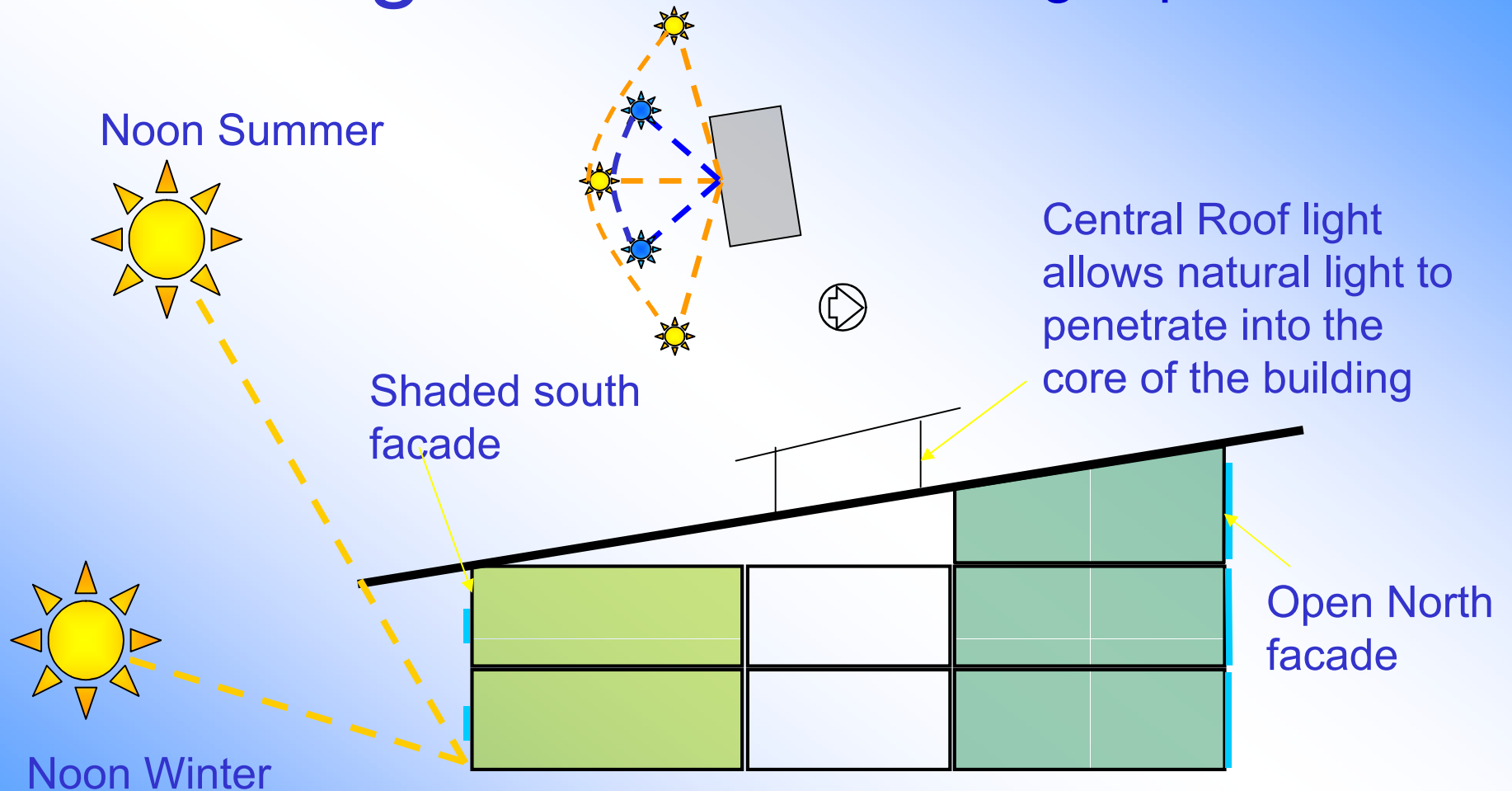
## Avoid

- Direct sun
- Glare
- Solar gain



# Natural light

Orientation and siting of building important



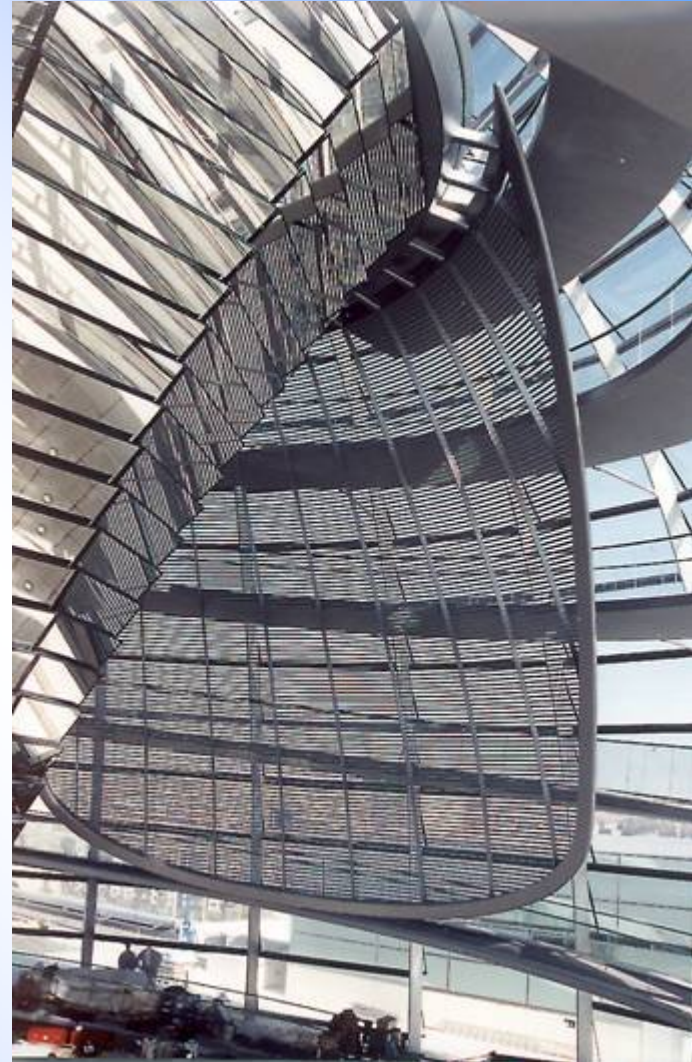


# Shading

Control solar gain by  
shading devices



Interior shading provides  
some benefit



# External shading devices



Exterior shading – fixed or moveable - better



# Energy generation

- Increasing interest in local energy generation
  - Photovoltaic cells
  - Solar panels
  - Wind turbines





# Impact of construction



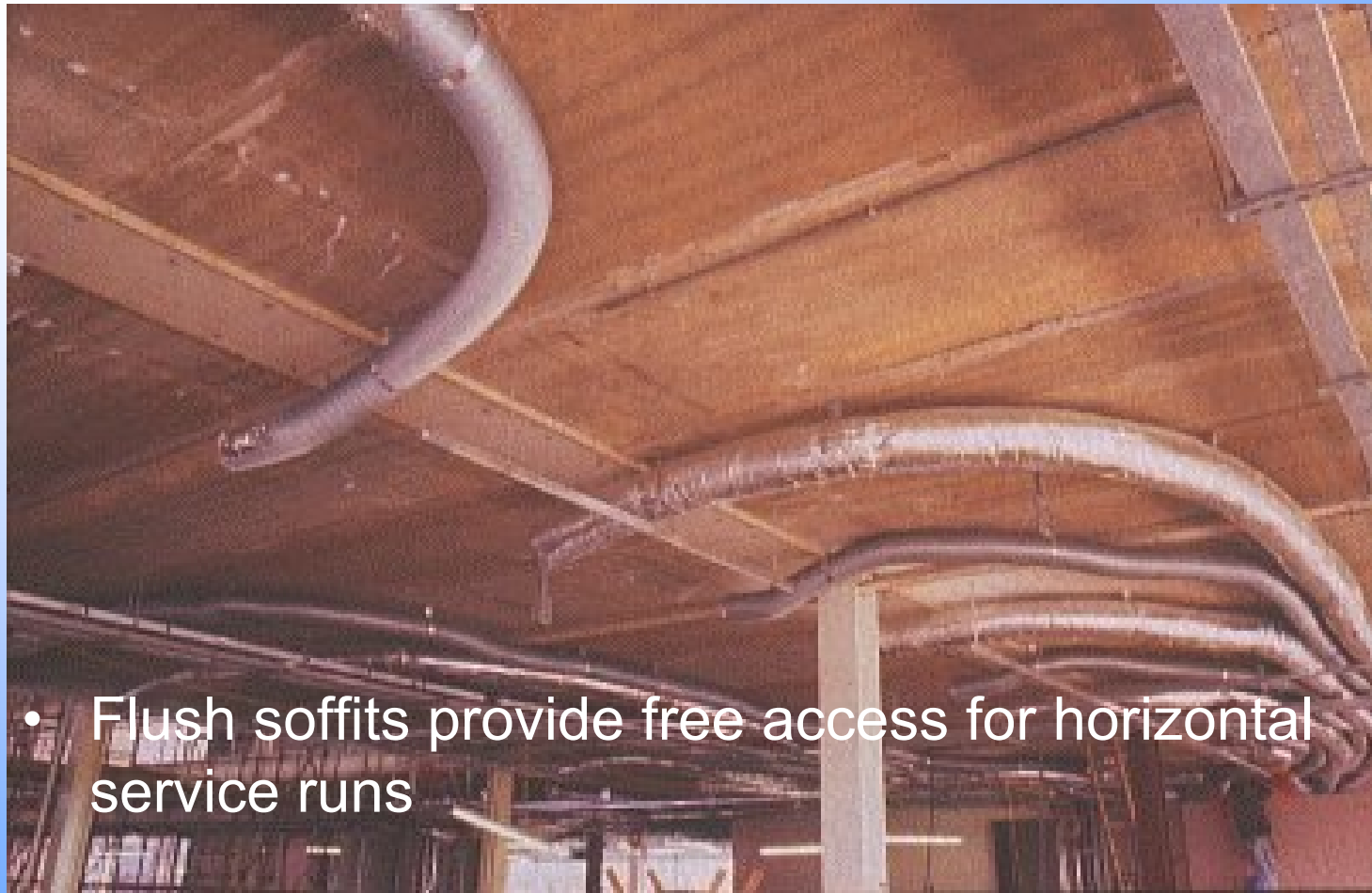
- Prefabrication
- Minimise site activity



# Modular Construction



# Consider future retrofit





Sustainable construction consistent  
with quality & good practice



# Summary

- Construction important
- Very broad – holistic approach
- Depends on many small contributions
- Construction team must work together
- Requires conscious consideration
- Regional variations





# Sustainable construction - summary

- Re-use existing built assets
- Design for minimum waste & long life
- Source materials carefully
- Lean construction
- Minimise energy
  - Operational
  - Embodied
- Do not pollute
- Monitor, set and report targets





# The contribution of steel

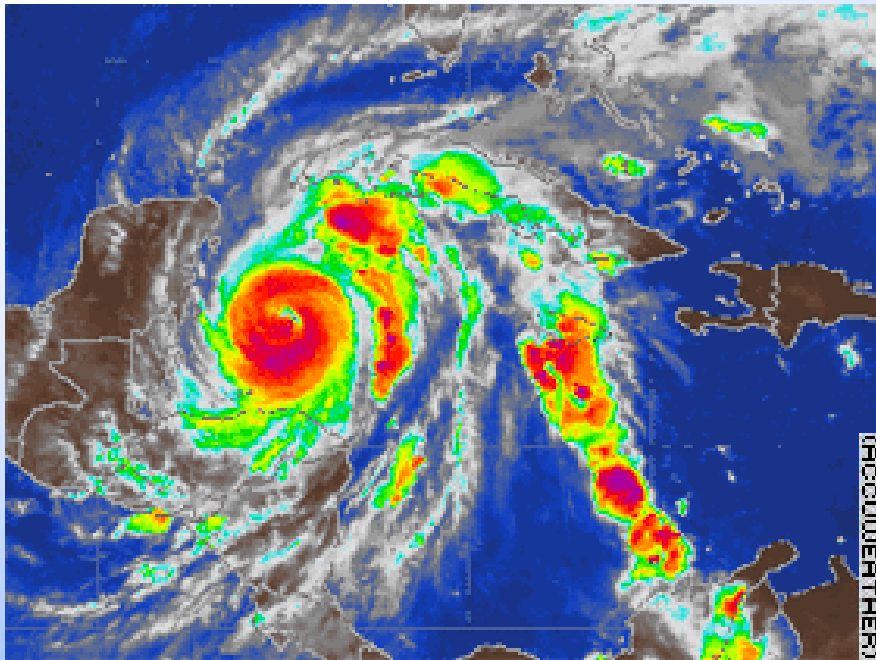
- Structurally efficient
- Versatile
- Adaptable/flexible
- Low waste
- Highly demountable
- Reusable
- 100% recyclable



# Why should we do it?

- Realise unseen opportunities
  - Energy saving
  - Employee efficiency
- Commercial advantage
- Modest commitment
- Minimal risk
- For the benefit of your (and their) grandchildren

# The choice is ours – this...





...or this



Photo: Georg Bangjord



Thank you